

Instructions for sewing Stockings

SOAR needs half of the stockings sewn to be red (for girls) and half of them to be green or blue (for boys). You may choose to make some of either or both, as you have material available.

SOAR prefers you use a sturdy broadcloth or quilting cotton in order to safely hold the gifts and Bible which could include items such as full-size shampoo bottles, books, toys, etc.



1. Cut two pieces for each stocking. 2 1/2 yards work best for 6 stockings Try to cut them close to the raw edges so some of the band and loop pieces can be cut from the scrap pieces.
2. Sew a piece of Velcro to the inside top of each side of the stocking where the hole in the pattern is. You can do a straight stitch around the piece of Velcro first, and then zig zag around it.
3. With right sides together, sew from the top of one side to the top of the other side. Do not sew across the top. The seam should be strong enough not to tear or separate when the stockings are filled and handled. **Serge or double stitch the seams.** All seams are 1/4".
4. Turn the stocking right side out and press seams well. From the front, the toe will be pointing to the right, and the loop will be on the back left side.
5. Make the loop for hanging the stocking by cutting one piece of fabric that is 2 1/2"x 6". Fold this piece in fourths and press. Sew along the 6" side.
6. The top of the stocking is to be accented with a contrasting fabric sewn to the top. Instructions for making the band for the top of the stocking are as follows:

Cut 2 pieces of fabric that are 4-5" wide by 10 1/2" long (or 1 piece that is 20 1/2" long).

With right sides together, sew these two pieces together on the short ends (or the one short end if the piece is 20 1/2" long).

Fold this band of fabric in half longwise with the **WRONG** sides together. Press.

Pin the band inside the wrong side of the stocking with raw edges of the stocking even with the raw edges of the band. **Before sewing**, insert the loop into the seam between the band and the stocking with raw edges of the loop even with the raw edges of the band and the stocking in the location noted in #4 above.

Sew the seam twice (or serge) for extra reinforcement and securely attach the loop with additional sewing so it will not come loose since the children often hang their stockings and use them all year long.

Fold the band to the outside of the stocking and press the seam, pinning. Topstitch the band to the stocking near the top of the stocking and again at the bottom of the band to hold everything in place.



Thank you for volunteering to make these stockings for the children in Russia, Abkhazia, Moldova and Ukraine. Ultimately, we can use about 2,000 per year, so we appreciate those of you willing to contribute your time and talents. Please feel free to contact the SOAR office you have any questions.